

<div style="background-color: #ffffff;"> <table style="border: 1px solid #000000; border-collapse: collapse; width: 600px; background-color: #ffffff;" border="1" cellspacing="0" cellpadding="0" align="center"> <tr> <td> <table style="width: 596px;" border="0" cellspacing="0" cellpadding="0"> <tr> <td style="line-height: 0px; text-align: center;"><a href="http://amfhr.com/" rel="nofollow" target="\_blank"></a></td> </tr> </table> <div style="text-align: center;"><strong>Feed the Hungry and Spread the Peace<br /></strong> <p><a href="http://twitter.com/iamcouncil" rel="nofollow" target="\_blank"></a><a href="http://twitter.com/amfhrnational" rel="nofollow" target="\_blank"> Follow us on Twitter</a> <br /><a href="http://www.facebook.com/profile.php?id=100001891908352" rel="nofollow" target="\_blank"></a> <a href="http://www.facebook.com/pages/American-Muslims-for-Hunger-Relief/261724973860464" rel="nofollow" target="\_blank">Join us on Facebook</a></p> </div> </td> </tr> <tr> <td> <div style="text-align: center;"><span style="font-size: 14pt;"></span><span style="color: #316499; font-size: x-large; font-weight: bold; text-align: center;">Soup Kitchen & Health Clinic Events:</span></div> <div style="text-align: center;"><span style="color: #316499; font-size: x-large; font-weight: bold; text-align: center;">NJ.NY.PA.MD</span></div> <p><span style="font-weight: bold;"> </span>Insha ALLAH with your support American Muslims for Hunger Relief (AMFHR) is able to do soup kitchens in the East Coast. Please feel free to join us at this month's soup kitchen events!</p> <p style="text-align: center;"><span style="font-size: 12pt;"><strong>O</strong><strong>CTO</strong></span><strong style="font-size: 12pt;">BER 2016 </strong></p> <table class="eventtable" style="margin: 1em 1px; width: 100%; font-size: 12px; border-collapse: collapse; border: 1px solid #e5e5e5; color: #333333; font-family: Helvetica, Arial, FreeSans, sans-serif;" summary="eventlist" border="0" cellspacing="0" cellpadding="0"> <tr><th id="el\_date" class="sectiontableheader" style="padding: 0.4em; line-height: 25px; background-color: #efefef; color: #000000; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; text-align: center;" align="left">DATE</th><th id="el\_title" class="sectiontableheader" style="padding: 0.4em; line-height: 25px; background-color: #efefef; color: #000000; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; text-align: center;" align="left">TITLE</th><th id="el\_location" class="sectiontableheader" style="padding: 0.4em; line-height: 25px; background-color: #efefef; color: #000000; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; text-align: center;" align="left">VENUE</th><th id="el\_city" class="sectiontableheader" style="padding: 0.4em; line-height: 25px; background-color: #efefef; color: #000000; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; text-align: center;" align="left">CITY</th><th id="el\_state" class="sectiontableheader" style="padding: 0.4em; line-height: 25px; background-color: #efefef; color: #000000; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; text-align: center;" align="left">STATE</th><th id="el\_category" class="sectiontableheader" style="padding: 0.4em; line-height: 25px; background-color: #efefef; color: #000000; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; text-align: center;" align="left">TYPE</th></tr> <tr class="sectiontableentry1"> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid

#e5e5e5;" headers="el\_date" align="left"><strong style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 12px; background: transparent;">10.01.2016 - 10.31.2016</strong></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_title" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/details/564-AMFHR%20SOUP%20KITCHEN%20OCTOBER%202016">AMFHR COMMUNITY OUTREACH PROJECT</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_location" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/venueevents/25-downtown-jersey-city">Downtown Jersey City</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_city" align="left" valign="top">Jersey City</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_state" align="left" valign="top">NJ</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_category" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/categoryevents/7-everyday-downtown-jersey-city">EVERYDAY DOWNTOWN JERSEY CITY</a></td> </tr> <tr class="sectiontableentry2"> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_date" align="left"><strong style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 12px; background: transparent;">10.01.2016 - 10.29.2016</strong></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_title" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/details/563-AMFHR%20SOUP%20KITCHEN%20OCTOBER%202016">AMFHR COMMUNITY OUTREACH PROJECT</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_location" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/venueevents/9-masjidullah-in-plainfield">Masjidullah in Plainfield</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_city" align="left" valign="top">Plainfield</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_state" align="left" valign="top">NJ</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_category" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent;

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href="index.php/up-coming-events/categoryevents/6-every-saturday-of-month">EVERY SATURDAY OF MONTH</a></td> </tr> <tr class="sectiontableentry1"> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_date" align="left"><strong style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 12px; background: transparent;">10.07.2016 - 10.07.2016</strong></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_title" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/details/565-AMFHR%20SOUP%20KITCHEN%20OCTOBER%202016">AMFHR COMMUNITY OUTREACH PROJECT</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_location" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/venueevents/27-downtown-of-philly">DOWNTOWN OF PHILLY</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_city" align="left" valign="top">Philadelphia</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_state" align="left" valign="top">PA</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_category" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/categoryevents/5-meals-serving-on-streets-a-parks">meals serving on streets & parks</a></td> </tr> <tr class="sectiontableentry2"> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_date" align="left"><strong style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 12px; background: transparent;">10.08.2016 - 10.08.2016</strong></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_title" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/details/566-AMFHR%20SOUP%20KITCHEN%20OCTOBER%202016">AMFHR COMMUNITY OUTREACH PROJECT</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_location" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/venueevents/22-masjid-at-taqwa">Masjid At-Taqwa</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_city" align="left" valign="top">Brooklyn</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_state" align="left" valign="top">NY</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_category" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/categoryevents/5-meals-serving-on-streets-a-parks">meals serving on streets & parks</a></td> </tr>

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href="index.php/up-coming-events/venueevents/53-masjid-haqq">Masjid Haqq</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_city" align="left" valign="top">BALTIMORE.</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_state" align="left" valign="top"></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_category" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/categoryevents/1-Soup%20Kitchens">Soup Kitchens</a></td> </tr> <tr class="sectiontableentry1"> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_date" align="left"><strong style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 12px; background: transparent;">10.29.2016 - 10.29.2016</strong></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_title" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/details/571-AMFHR%20SOUP%20KITCHEN%20OCTOBER%202016">AMFHR COMMUNITY OUTREACH PROJECT</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_location" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/venueevents/23-islamic-center-of-east-orange">Islamic Center of East Orange</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_city" align="left" valign="top">East Orange</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_state" align="left" valign="top">NJ</td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5;" headers="el\_category" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/categoryevents/1-Soup%20Kitchens">Soup Kitchens</a></td> </tr> <tr class="sectiontableentry2"> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_date" align="left"><strong style="margin: 0px; padding: 0px; border: 0px; outline: 0px; font-size: 12px; background: transparent;">10.29.2016 - 10.29.2016</strong></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px solid #e5e5e5; background: #f4f4f4;" headers="el\_title" align="left" valign="top"><a style="margin: 0px; padding: 0px; border: 0px; outline: none; font-size: 12px; background: transparent; text-decoration: none; color: #2e8fd4;" href="index.php/up-coming-events/details/573-AMFHR%20SOUP%20KITCHEN%20OCTOBER%202016">AMFHR COMMUNITY OUTREACH PROJECT</a></td> <td style="padding: 0.4em; vertical-align: top; height: 30px; border-bottom: 1px solid #e5e5e5; border-right: 1px

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AMFHR Project" border="0" /></a></div> <p><br />You can help us fulfill our Islamic obligations, as well as your own, by donating money or by volunteering your services to help feed your community's hungry and homeless. In this time of growing economic hardship, there is an even greater and more pressing need to help families who are having a difficult time getting back on their feet.</p> <div style="text-align: center;"><a href="index.php/vreg">Volunteer Register Click Here</a></div> <p><br />It is narrated on the authority of 'Abdullah b. 'Amr that a man asked the Messenger of Allah (may peace and blessings be upon him) which of the merits (is superior) in Islam. He (PBUH) remarked: That you provide food and extend greetings to one whom you know or do not know.<span style="text-decoration: underline;">(Muslim)<br /></span></p> <p style="margin: 5pt 6pt;">Please circulate this flyer among family, and friends. Also please post this in your Mosque and other public areas.<br /><br />Volunteers must be at least 12 years of age and must register AS SOON AS POSSIBLE. Please volunteer your time to this great cause.<br /><br /></p> </td> </tr> <tr align="center"> <td class="ecxyiv1974039993ecxfoot" style="background-color: #33ccff; vertical-align: middle;">American Muslims for Hunger Relief, P.O. Box 213 Howell, NJ, 07731 .<br />AMFHR is 501C(3) Non Profit Organization.<br />Not interested any AMFHR Emails about Hunger Programs.. ? {unsubscribe}Unsubscribe{/unsubscribe}</td> </tr> </table> </div>